

## Activity 5: What are My Work Values?

**Target Audience:** Grades 9-12

**Objective:** The students will:

- Complete a work values inventory.
- Identify their top three work values.
- Connect their work values to compatible occupations.

ASCA Standard	National Career Development Goal	National Career Development Guidelines
<b>Career Development Standard C:</b> Students will understand the relationship between personal qualities, education, training and the world of work.	<b>Personal/Social Goal 1:</b> Develop understanding of yourself to build and maintain a positive self-concept.	<b>PS1.K4:</b> Identify your work values/needs. <b>PS1.A4:</b> Demonstrate behavior and decisions that reflect your work values/needs. <b>PS1.R4:</b> Assess how your work values/needs are reflected in your career goals.

**Resources and Materials:**

- What are My Work Values? activity sheet
- Career Outlook, Occupational Section, pages 14-49

**Leading Questions and/or Comments:**

This is an informal approach to work values. It should be used as an introduction, not as a diagnostic tool. Discuss the meaning of work values with the students. Explain that the value will have a direct relationship to the type of work that you will find satisfying, the environment that is best for you, and the type of people with whom you will spend most of your waking hours. Knowing yourself will allow you to seek opportunities that will fulfill you most effectively, and enable you to do your best.

Talk about the following:

- Do personal values and work values differ? If so, in what way?
- Explain that our values help us make decisions – in our personal lives and in the workplace. Values also help us to decide what kind of work we might like to do.

**Activities:**

Instruct students to do the following:

- Complete the What are My Work Values? activity sheet by prioritizing the values listed in the order of most importance.
- Answer the question, “What does this say about what you prefer in your work life?”
- Considering your top three work values, identify three compatible occupations in the blanks provided.
- How can knowing your work values benefit you in a work environment?

**Making Connections for Students:**

Say to the students:

Now that you know what you value in your work environment, let’s review together how knowing this will help you find compatible occupations. Tell me about how knowing your work values can benefit you in a work environment.

**Optional Activities:**

Have students:

- Use RUReady.ND.gov to complete the Work Values Sorter and research careers with these work value characteristics.
- Research any occupations they may be interested in exploring further.